

When you need care...

Start with

GiaSM



Helping you get the right care, right away!

Chronic issues, sudden symptoms, questions and concerns...we all need care from time to time. And, when you do, you want expert answers...fast. **Start with GiaSM—included free with your health plan from MVP Health Care[®] (MVP)!**

Gia is your ultimate 24/7 health care connection.

Talk with a medical professional by phone or online chat, anywhere and anytime. Within minutes, get referred to the care you need—from urgent and emergency care to everyday health needs such as prescription refills and blood tests. Gia can connect you to MVP's FREE telemedicine services or, when necessary, in-person care from nearby doctors, specialists, labs, pharmacies, and more.

Health questions? Gia has the answers.

Use Gia's simple but powerful search tool, giving you helpful and relevant health information you can trust.

It's just one more way that MVP is making health insurance more convenient, more supportive, and more personal for you.

 **Ready to get started?**
See reverse for more details.



It's easy to get started with *Gia*SM

1. Download the free **Gia by MVP** app or visit **GoAskGia.com**.

The **Gia by MVP** app is available on the App Store® or on Google Play.™

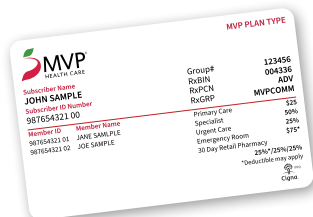


2. Create an account.

All members 18 and older can create their own Gia account. If registering via the Gia app, launch the app, select *Create New Account*, and follow the prompts.

If registering via **GoAskGia.com**, complete the required fields, and follow the additional prompts.

Have your MVP Member ID card handy!



You'll be asked to provide basic information, such as your name and email, date of birth, and MVP Subscriber or Member ID. Once your health insurance information is verified, your account will be created.

Note: Through Gia's *Family Consult* feature, you can start a visit for any covered dependents under the age of 18.

In an emergency, you or any of your covered dependents can select *Tap to Connect Now* at any time, without logging in.

3. Start with Gia.

Once you've created an account, simply choose how you want to connect.

- Use the **Gia by MVP app**
- Visit **GoAskGia.com**
- Call **1-877-GoAskGia** (1-877-462-7544)



Telemedicine services from MVP Health Care are provided by UCM Digital Health, Amwell and Physera at no cost-share for members. (Plan exceptions may apply.) Members' direct or digital provider visits may be subject to co-pay/cost-share per plan. MVP Health Care complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-946-8010 (TTY: 1-800-662-1220).

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-844-946-8010 (TTY: 1-800-662-1220)。

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